



advice and support for older age

**Independent
Age**

Moving home checklist

1. Getting organised

Two months to six weeks before you move

- Set up a folder to keep all the important documents connected to your move in one place, including important contact details (names and phone numbers), to-do lists, this checklist.
- Find a removal company. Contact a number of companies, check their references or ratings and compare costs. Check whether they are a member of a professional body such as the National Guild of Removers and Storers (ngrs.co.uk). Get at least three quotes in writing with a full breakdown of costs, including any extras.
- Check your contents insurance to make sure your belongings are covered when you move in. Find out whether your home insurance or the removal company's insurance covers the move itself.
- Get a floor plan for your new home (you could ask the estate agent or sales office for one) and start planning what you're going to take and where you're going to put it.
- Start decluttering. If you're moving to a smaller property, you won't be able to take everything with you. Storage is an expensive option and there's no point paying to move stuff you no longer want.
- Get rid of unwanted items. You could sell anything that's valuable and donate other items to charity.
- Organise packing materials - boxes, tape, bubble wrap, etc. Your removal company may supply these.
- If you're renting, check your tenancy agreement and give written notice to your landlord at the appropriate time.

Notes: _____
