



Boundaries Guidance for Training Volunteers

The Training Volunteer will work alongside Independent Age to deliver training sessions and peer to peer learning using prepared presentations to fellow volunteers.

These are the volunteering role boundaries we have put in place based on experience of what works well to develop a happy and fulfilling volunteering relationship. The boundaries provide a framework for everyone to understand what is and isn't included in the volunteering role and to protect the volunteer from being asked to do something outside their role. We talk about boundaries in more depth in your training.

The volunteering role can include:

- Delivering workshops and peer-learning sessions, remotely and face to face to volunteers
- Delivering sessions on role specific training, safeguarding, lone working, mental health or dementia
- Keeping in touch with your Independent Age contact, raising any concerns that might arise from your training
- Proactively seeking feedback on training
- Having fun and enjoying the role!

The volunteer is not able to:

- Create your own training materials
- Adapt the materials without your Independent Age contact agreement
- Give the volunteers your personal contact details, including phone number
- Provide advice outside your training course/ peer learning session
- Provide a different course to the one agreed or in a different format rather than the agreed format
- Accept personal gifts from other volunteers
- Solve any problems which may arise that are outside your role
- Share any personal details of anyone connected to Independent Age without prior permission
- Promise to keep secrets – you may have to pass on any concerns to your Independent Age contact and may not need permission to do this
- Engage in actions, language or opinions that are inappropriate or offensive.

I have read and understood the 'Training Volunteer Boundaries' above.

Volunteer signature _____ Postcode _____

Name _____ Date _____

Please email or post this form to our London office on:

volunteering@independentage.org

Volunteering, Independent Age, 18 Avonmore Road, W14 8RR