

# My medical appointment planner



Time and date of appointment:

Name of GP/healthcare professional:

What I want to discuss:

How long it has been affecting me:

The impact this is having on me:

Medication I am taking:

Any other treatment I am having:

## Questions to ask at medical appointments (continued)

### Notes on the appointment

Do I need any follow-up appointments?

Are there any tests to book?

Am I being prescribed any new medication or treatment?

Do you have any written information for me?

Is there anything I can do to help myself?

Who should I contact if there's a problem (eg GP or hospital)?