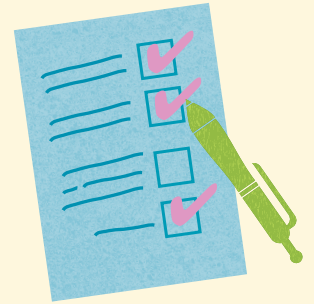




advice and support for older age

**Independent
Age**

Preparing for your care needs assessment – checklist



Below are suggestions of things that you might want to think about and do before you have your assessment. Some things, such as organising an advocate, may take time to arrange, so you'll need to do them as soon as possible.

You could use this checklist to refer to during your assessment.

Before your assessment

Completed

Have you received information about the assessment from your council, including details of the questions they will be asking you?

Ask for this if not, and record details of who you spoke to and when below.

Notes

Have you told the council about any communication needs you have?
(eg – if you need information in a large print or audio format)

Notes

Who would you like to be involved in your assessment? Have you asked them?

(eg – friend, family member, your GP, a current care worker)

Notes

Have you told the council about anyone who will be joining you at your assessment, or that you would like them to speak to?

Notes

Have you asked for an independent advocate if you need one?

Notes

Things to have ready for the day of the assessment

If you already receive care from a care agency, for example, have you got information from them about your current care package?

Notes

If you have any health conditions which are important for the assessor to know about, do you have relevant information about it, from your GP or consultant, for example?

Notes

Have you been keeping a diary of your needs, if you feel it will help?
This could be particularly useful if your needs tend to change from day to day, or you want an easy, visual way to demonstrate your needs to the person carrying out your assessment.

Notes

After your assessment

Have you received a copy of your assessment?

Ask for this if not, and record details of who you spoke to and when.

Notes
